

The book was found

# Julie Taboulie's Lebanese Kitchen: Authentic Recipes For Fresh And Flavorful Mediterranean Home Cooking



## Synopsis

Since she was six years old, Julie Ann Sageer (nicknamed Julie Taboulie by her close-knit family) has had a passion for cooking the meals of her Lebanese heritage. Just like in her Emmy-nominated cooking show *Cooking with Julie Taboulie*, each of her recipes comes with hands-on instructions, tips, and tricks for making homemade Middle Eastern dishes using heaps of fresh, seasonal ingredients. Here you'll find dishes that range from classics like falafel, shawarma, and (of course) taboulie, to warming Bazzilla—a stew of tomato, green pea, and lamb—to honey and rosewater-infused desserts. In these 125 recipes, you'll learn how easy it is to make such Lebanese staples as fresh labneh (strained yogurt) and how to put together your own delicious, multi-purpose spice mixes. In addition to the delicious meat and chicken dishes, Lebanese cuisine offers a wide variety of vegetarian, pescatarian, vegan, and gluten-free dishes, usually with no substitutions whatsoever! Every chapter includes a multitude of dishes for eaters of all kinds and preferences, from meat-lovers to veggie-heads and everything in between.

## Book Information

Hardcover: 304 pages

Publisher: St. Martin's Griffin (June 6, 2017)

Language: English

ISBN-10: 1250094933

ISBN-13: 978-1250094933

Product Dimensions: 8.2 x 10.4 inches

Shipping Weight: 2.9 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 38 customer reviews

Best Sellers Rank: #15,036 in Books (See Top 100 in Books) #8 in [Books > Cookbooks, Food & Wine > Regional & International > Middle Eastern](#) #13 in [Books > Cookbooks, Food & Wine > Regional & International > European > Mediterranean](#) #55 in [Books > Cookbooks, Food & Wine > Celebrities & TV Shows](#)

## Customer Reviews

"Julie Taboulie's passion for Lebanon and its rich cuisine is evident in her new cookbook. Her enthusiasm and attention to detail reaches the reader on every page -- you can almost smell the delicious food!" -Barbara Abdeni Massaad, author of *Man'oushe: Inside the Street Corner Lebanese Bakery* Julie Taboulie's wonderful cookbook makes it easy to create vibrant,

mouthwatering, made-from-scratch Lebanese dishes at home, without cutting any corners. Her recipes open up a whole new repertoire of Lebanese classics, even for those of us who grew up eating the cuisine at home. A must for anyone who loves Middle Eastern food, and for any 21st-century kitchen." -Salma Abdelnour, author of *Jasmine and Fire: A Bittersweet Year in Beirut*"I have been waiting for a while for Julie's cookbook ... and the wait was so worthwhile! This book brings into your home the luscious and exotic richness of Lebanese cuisine, along with its tips and tricks, in such an accessible and entertaining way. The photos, the stories and the recipes are all a gift to savor." -Pati Jinich, chef, author, and host of *Pati's Mexican Table* on PBS"Sageer so loved her mother's lemony tabbouleh salad as a child in upstate New York that she earned the nickname "Julie Taboulie," a moniker she uses on her PBS cooking shows. She evokes that memory and many others in this collection of recipes for Lebanese foods, from familiar hummus (presented with a handful of variations) to surprises such as panfried patties made with chickpeas, potatoes, and bulgur; a yogurt soup with lamb dumplings; and pickled baby eggplant stuffed with peppers. Sageer's outlook is encouraging, but occasionally she falters on logistics. A narrow-diameter dowel-style rolling pin is recommended or required or both, but she never explains why. There are two almost identical recipes for chicken shawarma, one with spices listed and another with a spice mix cross-referenced." *Publisher's Weekly*

JULIE ANN SAGEER is the host of the Emmy-nominated *Cooking with Julie Taboulie* and the upcoming *Julie Taboulie's Lebanese Kitchen*, airing on PBS stations nationwide. Born in Central New York and raised in the Finger Lakes, her warm, welcoming way in the kitchen lends a vibrant quality to the flavorful food she shares. LEAH BHABHA is a cookbook co-author, recipe tester, and food writer who has written for numerous publications including *Food & Wine*, *New York Magazine*, *The Guardian*, and *Food52*. She collaborated with Julie Ann Sageer on *Julie Taboulie's Lebanese Kitchen* cookbook.

Julie is a sparkling lady. She is very bright and shares her insights creatively. Meals should be interesting as well as nourishing and attractive. Julie demonstrates how to accomplish this. Her recipes are adventures and are presented in a way that enables intermediate cooks to follow. I wish her book were available in a larger, coffee table version which I would display in my living room.

The cookbook has easy recipes to follow for the new learner. Pictures are very helpful.

Bought for a friend, she loves it.

Just like her tv show. Haven't cooked anything yet.

some great recipes

Nice photos , however the book was over whelming. Too much information in the book . Need to get to the point with the recipe. I have enjoyed Julie's recipes from Create TV, I will stick to that on occasion.

I love Julie! And her Mama....This cookbook more than meets expectations. Great recipes, many of them vegetarian fare with strong protein values. So healthy and I strongly recommend to others. Debra G.

We love Julie ( and Mama) on TV and have enjoyed preparing her delicious Lebanese cuisine at home now that we have her cookbook! Authentic and deliciously different!

[Download to continue reading...](#)

Julie Taboulie's Lebanese Kitchen: Authentic Recipes for Fresh and Flavorful Mediterranean Home Cooking Mediterranean Diet: 365 Days of Mediterranean Diet Recipes (Mediterranean Diet Cookbook, Mediterranean Diet For Beginners, Mediterranean Cookbook, Mediterranean Slow cooker Cookbook, Mediterranean) Mediterranean Diet: 150 Recipes to Lose Weight, Get Healthy and Feel Great (Mediterranean Diet, Mediterranean Diet For Beginners, Mediterranean Diet Cookbook, Mediterranean Diet Recipes) Mediterranean Diet: Mediterranean Slow Cooker Cookbook - Over 100 Easy & Delicious Mediterranean Diet Recipes (Mediterranean Diet, Slow Cooker ... Diet For Beginners, Mediterranean Recipes) Mediterranean Diet: Mediterranean Slow Cooker Cookbook - Easy & Delicious Mediterranean Diet Recipes (Mediterranean Diet, Slow Cooker Cookbook, ... Diet For Beginners, Mediterranean Recipes) Mediterranean Diet Cookbook: 44 Delicious Mediterranean Diet Recipes For Beginners + FREE WORKOUT & MEAL PLAN INSIDE !: Mediterranean Diet Cookbook, Mediterranean Diet For Beginners, Mediterranean Mediterranean Diet Cookbook: The Healthy Living Mediterranean Diet Guide for Smart People - With Kitchen Tested Recipes & Diet Success Tips (Mediterranean Diet, Mediterranean Diet for Beginners) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes -

Southern Cooking Cookbook Recipes Mediterranean Diet: The Complete Mediterranean Diet Cookbook For Beginners [Lose Weight and Improve Your Health With Mediterranean Recipes \(Mediterranean Diet For Beginners\)](#) Mediterranean Recipes: A Mediterranean Cookbook with Delicious Mediterranean Recipes for Every Meal Classic Lebanese Cuisine: 170 Fresh And Healthy Mediterranean Favorites Rose Water and Orange Blossoms: Fresh & Classic Recipes from my Lebanese Kitchen Mediterranean Diet: 2 in 1 Boxset With Over 100 Easy & Delicious Mediterranean Diet Recipes - The Ultimate Guide and Slow Cooker Cookbook ... Cooker Cookbook, Mediterranean Diet Cookbook) Mediterranean Diet: Over 100 Delicious Slow Cooker Mediterranean Diet Recipes - The Essential Slow Cooker Mediterranean Diet Cookbook Mediterranean Cookbook: Discover Simple Mediterranean Recipes with an Easy Mediterranean Cookbook Conversational Arabic Quick and Easy: The Most Advanced Revolutionary Technique to Learn Lebanese Arabic Dialect! A Levantine Colloquial ... and Easy - Lebanese Dialect) (Arabic Edition) Mediterranean Diet: Mediterranean Diet For Diabetes-A Beginners Guide On Weight Loss While Lowering Your Blood Sugar To Reverse Type 2 Diabetes(Mediterranean ... blood sugar diet,the blood sugar solution,) Jewish Cooking for All Seasons: Fresh, Flavorful Recipes for Holidays and Every Day Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook, Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book 1) Good Cheap Eats Dinner in 30 Minutes or Less: Fresh, Fast, and Flavorful Home-Cooked Meals, with More Than 200 Recipes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)